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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Sunday, December 17, 2023

Kundalini and Enlightenment

Kundalini awakening is the liberation of one's life-energy from the narrow confines imposed by human fear and conditioning. It heals and enlivens the whole body with glowing vitality. It elevates one to a higher level of functioning and flow, in harmony with the universe.

Enlightenment is the liberation of one's consciousness from the narrow confines of the human mind and ego. It replaces mundane misunderstandings and false beliefs with pure awareness and true insight. It awakens one to the knowing of absolute truth, understanding the essence of all being.

They are not exactly the same, but more like the yin and yang aspects of awakening: the

explosive creative power of kundalini and the silent inner knowing of enlightenment.

The awakening of one definitely increases the possibility and probability of awakening the other.

Source: https://qr.ae/pKiXBh

- December 17, 2023

1 comment:

Chris Comish December 17, 2023 at 9:42 AM

Energy (Kundalini) is Consciousness and Consciousness is Energy (Kundalini). Increase your Consciousness and you raise your Kundalini. Raise your Kundalini and you increase your Consciousness.

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Light body

Describe the Light body. ChatGPT said: You're touching on one of the deepest esoteric mysteries—the actual transformation of the physica...

Pictures of Heavenly (Astral) form - Soul- Oversoul (Higher Self)

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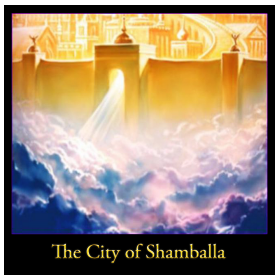

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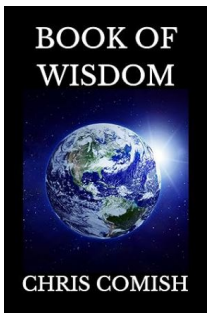

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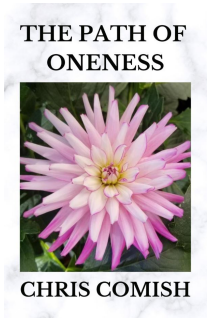

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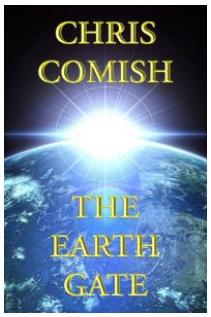

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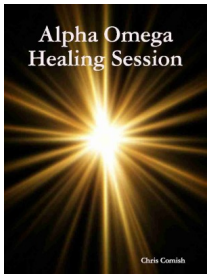

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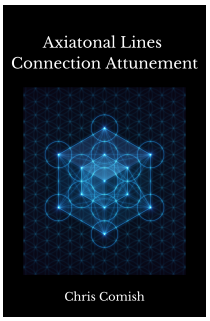

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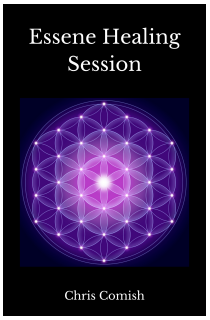

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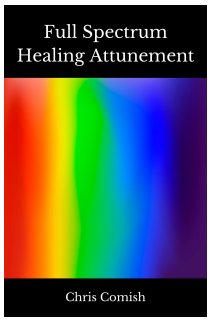

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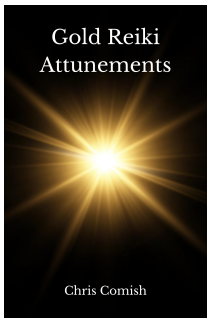

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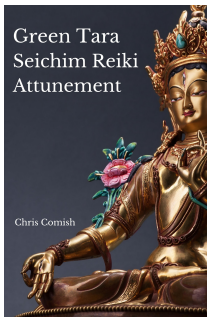

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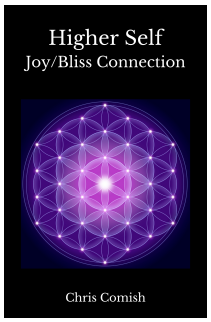

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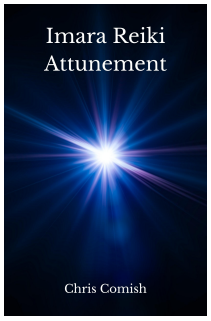

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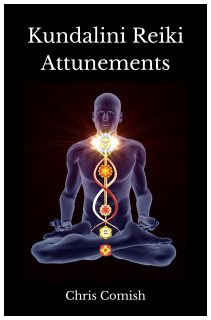

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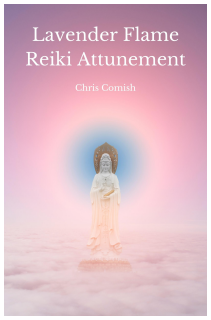

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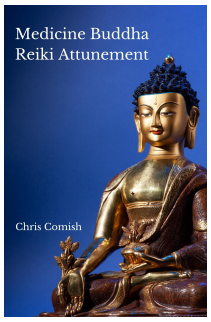

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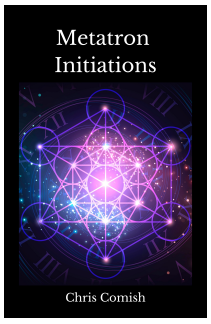

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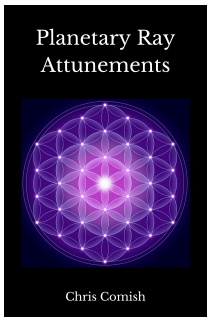

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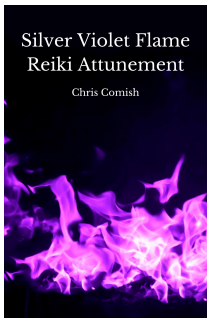

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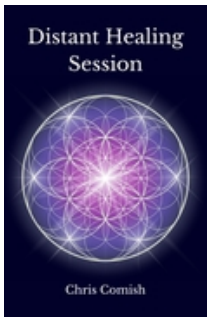

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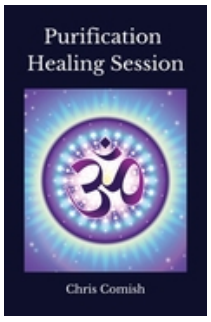

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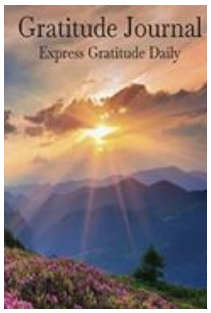

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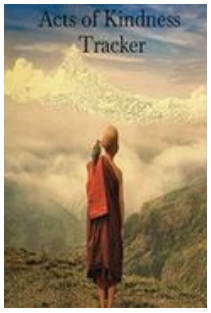

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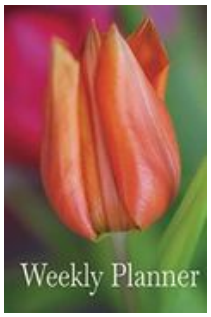

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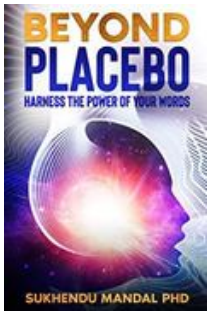

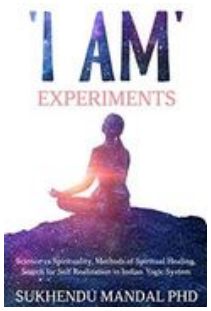

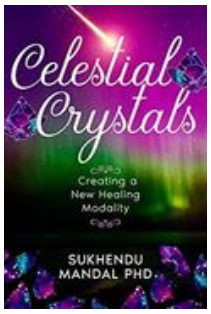

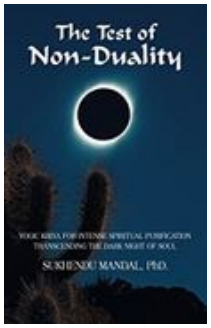

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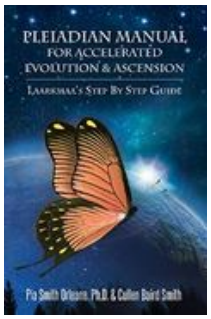

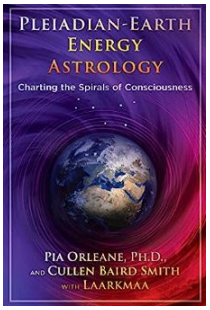
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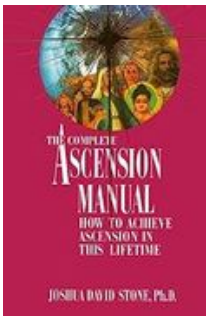
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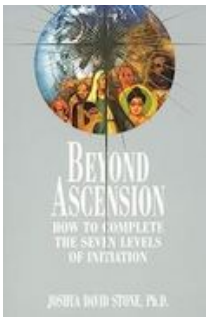
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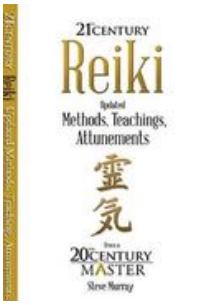
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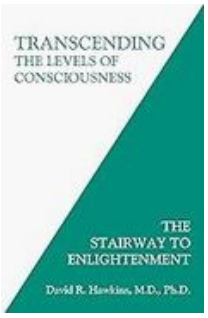
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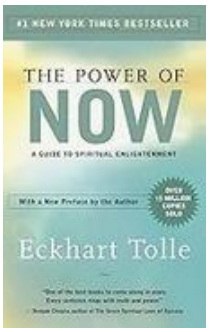
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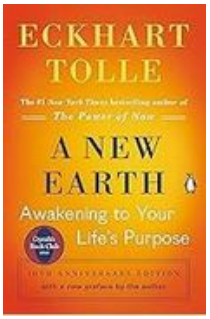
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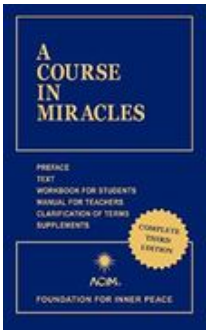
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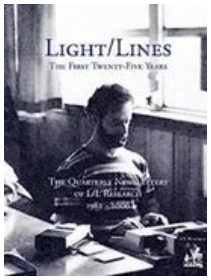
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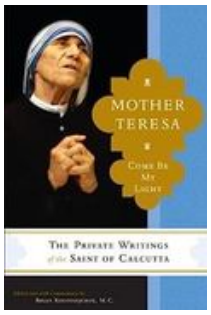
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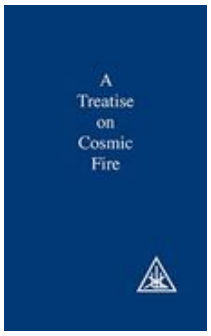
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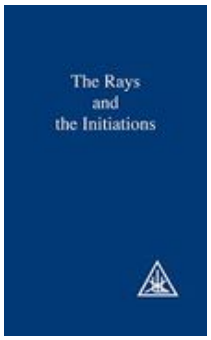
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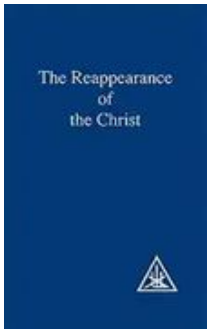
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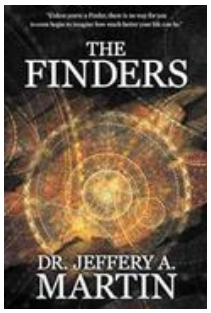
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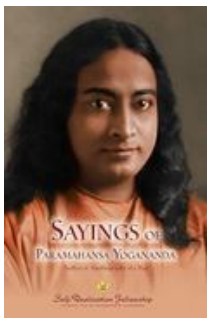
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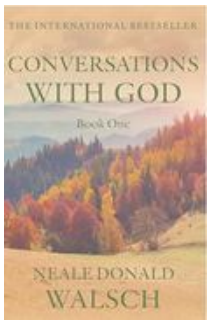
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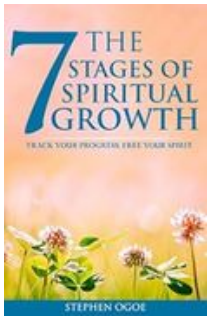
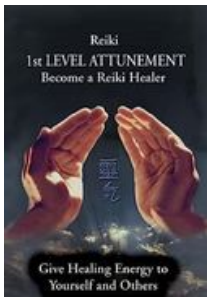
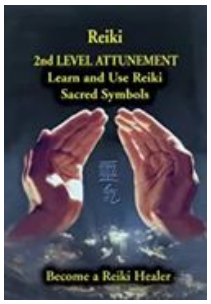
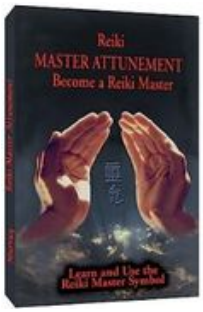
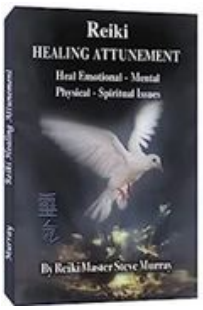


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









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- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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